



Working With Teen Psychology

Training Courses for Professionals

teen-behaviour.com

- **Do You Work With Young People Aged 9-19yrs?**
- **Would You & Your Team Benefit from Being Skilled Facilitators of Adolescent Social & Emotional Development?**



GET CLEAR – by raising team awareness and increase understanding in the psychology of adolescent behaviour

GET CONFIDENT – in your ability to use psychological techniques and enhance working practice

GET THE TOOLS - to implement effective psychological methods and positively impact on the outcomes of young people

Half & Full Day Workshops Available
at the University of Nottingham or In-house Across the UK

www.teen-behaviour.com/cpd-training-courses



Raising Levels of Resilience, Confidence & Self- Esteem

Protect your young people from stress and strengthen emotional well-being. Use these psychological tools that are designed to build self-worth and promote positive mental health.

Addressing Teen Exposure To Modern-Day Risks

Gain a deeper understanding of the psychological risks that all adolescent aged children are exposed to. Learn how to effectively challenge destructive thought processes and give positive guidance on issues as they arise.



Reducing Teen Conflict & Effectively Challenging Behaviour

Use psychology to address the complexities of conflict that occur between young people and how to quickly and effectively restore calm in your workplace. Get our seven-step method to address conflict between staff and young people and re-focus it into developing respectful relationships.

"I found these workshops to be very beneficial and the tools that I have gained will positively impact upon my practice."

Dr Terri Holloway

e: anika@teen-behaviour.com
t: 0115 9985974
w: teen-behaviour.com

